

## 2022 APPLICATION PROCEDURE FOR A UIM F1 SUPERLICENCE

*Extract 2022 F1 rules:*

10.1. A Superlicence is required for Formula 1 together with the NA international licence. No other membership is required.

10.2. A driver who exceeds 50 years of age in the season for which he is applying for a Superlicence, must produce the medical certificate including all detailed examinations; which will be submitted to a doctor approved by the UIM.

10.3. The nationality of a driver is the nationality of the N.A. which issued the international racing licence to the driver. Medical and immersion tests can be done in other countries if the issuing N.A. agrees. The flag is the one of the issuing N.A. of the international licence as above. The request for the UIM Superlicence must come from the N.A. which issues the international racing licence.

10.4. Drivers must hold a UIM Superlicence before entry will be accepted.

10.5. Any new driver must be vetted during practice by the two UIM Commissioners and the Formula 1 drivers' representative to the UIM.

10.6. To obtain a Superlicence, a driver must have participated in 6 circuit races using a catamaran type hull (750cc minimum) or a hydrocat (500cc). Definition of a race during a race weekend, even if several heats are taking place, is that the race weekend with all heats or races is counting for one race only. The National Authorities are fully liable for the sports C.V. they submit for their drivers. The full race results of each race must be supplied since the drivers must have done at least 6 races with 70 % of the total distance of each race event.

The Superlicence is provisional for the first 10 races and can be withdrawn at any time during the first 10 races by a committee composed by the OOD, the permanent Formula 1 Commissioner and the Drivers representative.

**During the provisional 10 races, the yellow card may be issued as a cautionary statement. When a second yellow card or a red card is issued, the provisional Superlicence will be withdrawn for the remainder of the current racing season.**

An anthropometric check of data reported in the Superlicence application may be carried on at any event during the relevant season by a UIM appointed Medical and/ or Anti-Doping delegate. In case the pilot's data would not be anymore within the mandatory parameters, the Superlicence will be immediately withdrawn.

When a provisional Superlicence is withdrawn, re-application can only take place for the next season. The decision on all matters concerning Superlicenses is final and cannot be protested or appealed.

10.7. The application for a superlicence must be made by the National Authority of the driver concerned and lodged with the UIM 4 weeks before the first event the driver wants to participate in. The superlicence fee will be doubled for applications received beyond the 4 weeks deadline.

**NO Application will be taken in consideration within one week from the following event.**

The application must be accompanied by:

- The sports career of the driver, mentioning the results obtained in the qualifying events
- UIM medical documents, as per appendix to these rules, giving the information required by the UIM rules.

General Recommendation for F1 Superlicence holders concerning physical fitness

- Cardiovascular training (endurance training) as jogging, cycling, rowing etc. at least twice a week – minimum 20 minutes without any interruption. Any sports activity which has “stand still” during the activity such as soccer, tennis or any ball sport is not suitable for the endurance training, but recommended as additional training.
  - Training to build up muscles for neck and back at least twice a week.
- The immersion certificate (attached)
  - A photograph (passport size).

**SUPERLICENCE FEE**

- The Superlicence fees are fixed by the UIM Council and paid to the UIM Secretariat. Superlicence fee fixed to **400 euros**. For late application, the Superlicence fee has been fixed to **800 euros** and must be paid to the UIM.

## **MEDICAL EXPERTISE FEE**

**Medical expertise fee for drivers, regardless the drivers' age submitting the results for Dual Emission X-ray Absorptiometry method (DXA) as their BMI is over 30 kg/m<sup>2</sup>: 200 euros**

**Medical expertise fee for drivers over 50 years in the season must be paid to the UIM:  
200 euros**

The National Authorities are responsible for the information given.

10.8. Superlicence sport documents application will be examined by Formula 1 Daily Management Committee who will advise the UIM Secretariat on its acceptability.

10.9. The Superlicence will be valid for 1 year (from January 1st or from the date of issue to December 31st).

10.10 For renewal of Superlicences, the National Authorities must, before the end of December, send the UIM a list of the drivers for whom a renewal for the following year is required.

10.11. Each team will appoint one team manager who will be responsible for obtaining a team licence from the UIM for his team, as well as ensuring that the drivers obtain their superlicences from their N.A.'s. He will also be responsible for enrolling his two boat team in the Championship and for all dealings (contractual, financial) with the UIM and IDEA MARKETING.

He will also be responsible for the behavior of his team members and his name will be mentioned on the UIM Team Licence.



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**MEDICAL EVALUATION SHEET  
2022 – F1 SUPERLICENCE**

Location of test \_\_\_\_\_ Date \_\_\_\_\_

Name \_\_\_\_\_ Surname \_\_\_\_\_

Born in \_\_\_\_\_ Date \_\_\_\_\_

Status \_\_\_\_\_ Profession \_\_\_\_\_

Date of first involvement in the sport \_\_\_\_\_

Other sports practised \_\_\_\_\_

**PRESENT STATE OF HEALTH AND FORMER DISEASES**

Disease (former or current) \_\_\_\_\_

With special mention of \_\_\_\_\_

Cardiopathy                       Coronary                       Diabetes Type 1 / 2 (circle the type)

Epilepsy                               High Blood Pressure

Operations undergone previously \_\_\_\_\_

Dates of these operation \_\_\_\_\_

Accidents (when, where, under which circumstances) \_\_\_\_\_

Alcohol \_\_\_\_\_ g/day Tobacco \_\_\_\_\_ pack/year

Allergies \_\_\_\_\_

Medicines usually/frequently taken \_\_\_\_\_

***Please keep in mind the Anti-Doping rules and the WADA – UIM list of banned substances and Therapeutic Use Exemption rules.***



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**GENERAL OBJECTIVE EXAMINATION  
2022 – F1 SUPERLICENCE**

Height: \_\_\_\_\_ m \_\_\_\_\_ Weight: \_\_\_\_\_ kg \_\_\_\_\_

Body Mass Index (Weight (kg)/Height<sup>2</sup>(m): BMI): \_\_\_\_\_

(Please refer to page 10 as regard the exemption of BMI rule over 30kg/m<sup>2</sup>)

Age \_\_\_\_\_

Sex \_\_\_\_\_

Congenital or acquired deformities \_\_\_\_\_

Respiratory system \_\_\_\_\_

**Spirometry (mandatory) Please attach printed results and graphs**

FVC (measured/predicted) \_\_\_\_\_

FEV<sub>1</sub> (measured/predicted) \_\_\_\_\_

Cardiovascular system:

Is there any evidence of abnormality of the heart or cardiovascular system?  Yes  No

If “Yes”, give details below.

\_\_\_\_\_  
\_\_\_\_\_

Blood Pressure at rest \_\_\_\_\_

Hearth Frequency at rest \_\_\_\_\_

Electrocardiogram at rest \_\_\_\_\_



Hearing Testing \_\_\_\_\_

Urine: Albumine \_\_\_\_\_ Sugar \_\_\_\_\_

Is the Urine analysis normal?       Yes       No

If “No”, give details below.

\_\_\_\_\_

Nervous system \_\_\_\_\_

Others \_\_\_\_\_

Does the applicant have any physical abnormality or restriction of movements in the arms or legs?

Yes       No

If “Yes”, give details below.

\_\_\_\_\_

\_\_\_\_\_

Is there any evidence of a physical or mental condition (past or present) which could, in your opinion, prevent the applicant from holding a competition licence for motor sport?

Yes       No

If “Yes”, give details below.

\_\_\_\_\_

\_\_\_\_\_

**TO THE DOCTEUR AND THE DRIVER**

Are you the applicant’s usual doctor?       Yes       No

Your practice stamp (together with your name and qualifications):



Name in Capital Letters \_\_\_\_\_

Degree \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Tel \_\_\_\_\_

Fax/Email \_\_\_\_\_

Aptitude Assessment \_\_\_\_\_

Date \_\_\_\_\_

This is to certify that I have examined the applicant in line with this form.

**Signature of  
the Doctor**

**Signature of  
the Driver**



**DETAILED EXAM RESULTS FOR 2022 F1 SUPERLICENCE  
STRESS ECG – PULMONARY AND VISION TESTS  
TO BE SUBMITTED BY DRIVERS (REGARDLESS THE AGE)**

**Maximal stress ECG and blood pressure profile:** electrocardiogram have to be performed every year:

\* on a **cycloergometer** starting at 60 or 70 watts and increasing by 30 or 35 watts every two minutes.

**The driver must be capable of reaching a minimum power level of 2.5 watts (males) – 2.2 watts (females) per kilogram of body weight.**

\* or on a treadmill, using a **Bruce protocol** (preliminary warm-up recommended)

**The driver must be capable to complete at least the entire stage 3 (i.e. 3 minutes at 5.5 km/h (3.4 mph) and 14% gradient).**

This stress ECG aims to confirm both cardiovascular health and that the driver reaches the minimal fitness level to compete in motonautic sports. Therefore, we strongly encourage drivers to undergo regular physical training and to perform a maximal stress ECG test.

A written report from the physician (English language) must be enclosed.

**Pulmonary function test** (simple spirometry). Test to be performed every year as part of the yearly medical examination in order to get a superlicence.

**Exhaustive ophthalmological check-up**, tested and certified (English language) by a Professional ophthalmologist. Test to be renewed every 2 years and after a skull trauma.

## INFORMATION FOR BODY MASS INDEX (BMI) FOR 2022 F1 SUPERLICENCE

### Drivers with a Body Mass Index (BMI) over 30 kg/m<sup>2</sup> **Exemption of BMI rule over 30 kg/m<sup>2</sup>**

In order to obtain from UIM an exemption from the “BMI rule”, a pilot could be able to prove to the UIM Medical adviser that his (her) body fat anthropometric characteristic still remain within or near the normal range, and consequently being possibly eligible.

To do so, the pilot should undergo a body composition assessment **by using a Dual Emission X-ray Absorptiometry (DXA) method.**

The total Body Fat percentage obtained from this measure should remain outside of the “obese range” for the gender and age considered (please refer to Table below)

Due to reliability issues, **no other body composition measurement methods than DXA will be accepted by UIM**

This procedure should be repeated by the pilot every year prior to superlicence application, should his BMI being calculated over 30 kg/m<sup>2</sup>.

**All other requirements include in the superlicence medical procedure should be fulfilled.**

### BODY FAT RANGES TAKING AGE AND GENDER INTO ACCOUNT

#### WOMEN

Age	Underfat	Healthy Range	Overweight	Obese
20-40 yrs	Under 21%	21-33%	33-39%	Over 39%
41-60 yrs	Under 23%	23-35%	35-40%	Over 40%
61-79 yrs	Under 24%	24-36%	36-42%	Over 42%

#### MEN

Age	Underfat	Healthy Range	Overweight	Obese
20-40 yrs	Under 8%	8-19%	19-25%	Over 25%
41-60 yrs	Under 11%	11-22%	22-27%	Over 27%
61-79 yrs	Under 13%	13-25%	25-30%	Over 30%



## Drivers over 50 years in the 2022 season

Drivers over 50 years during 2022 season: All **detailed examinations results** required in the UIM medical form and described on page 9 will be submitted to a doctor appointed by UIM.

**Form to be signed and entered  
with the 2022 F1 Superlicence application documents to UIM**

**ATHLETES CONSENT FORM**

As a member of Union Internationale Motonautique (UIM) and/or a participant in an event authorized or recognized by UIM, I hereby declare as follows:

1. I acknowledge that I am bound by, and confirm that I shall comply with all of the provisions of the UIM Anti-Doping Rules (as amended from time to time), the World Anti-Doping Code (the “Code”) and the International Standards issued by the World Anti-Doping Agency (“WADA”), as amended from time to time, and published on WADA’s website.
2. I acknowledge the authority of UIM and its member National Federations under the UIM Anti-Doping Rules to enforce, to manage results under, and to impose sanctions in accordance with the UIM Anti-Doping Rules.
3. I acknowledge and agree that any dispute arising out of a decision made pursuant to the UIM Anti-Doping Rules, after exhaustion of the process expressly provided for in the UIM Anti-Doping Rules, may be appealed exclusively as provided in Article [13] of the UIM Anti-Doping Rules to an appellate body, which in the case of International-Level Athletes is the Court of Arbitration for Sport (CAS).
4. I acknowledge and agree that the decisions of the appellate body referenced above shall be final and enforceable, and that I will not bring any claim, arbitration, lawsuit or litigation in any other court or tribunal.
5. I understand that:
  - a. my data, such as my name, contact information, birthdate, gender, sport nationality, voluntary medical information, and information derived from my testing sample will be collected and used by UIM and its member National Federations and WADA for anti-doping purposes;
  - b. WADA-accredited laboratories will use the anti-doping administration and management system (“ADAMS”) to process my laboratory test results for the sole purpose of anti-doping, but shall only have access to de-identified, key-coded data that will not disclose my identity;
  - c. I may have certain rights in relation to my *Doping Control*-related data under applicable laws and under WADA’s International Standard for the Protection of Privacy and Personal Information (ISPPPI), including rights to access, rectification, restriction, opposition and deletion, and remedies with respect to any unlawful processing of my data, and I may also have a right to lodge a complaint with a national regulator responsible for data protection in my country;



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- d. if I object to the processing of my *Doping Control*-related data or withdraw my consent, it still may be necessary for my UIM and its member National Federations and/or WADA to continue to process (including retain) certain parts of my *Doping Control*-related data to fulfill obligations and responsibilities arising under the Code, International Standards or national anti-doping laws notwithstanding my request; including for the purpose of investigations or proceedings related to a possible anti-doping rule violations; or to establish, exercise or defend against legal claims involving me, WADA and/or an Anti-Doping Organization.
  - e. preventing the processing, including disclosure, of my *Doping Control*-related data may prevent me, WADA or Anti-Doping Organizations from complying with the Code and relevant WADA International Standards, which could have consequences for me, such as an anti-doping rule violation, under the Code;
  - f. to the extent that I have any concerns about the processing of my *Doping Control*-related data I may consult with the UIM and/or WADA ([privacy@wada-ama.org](mailto:privacy@wada-ama.org)), as appropriate.
6. I understand and agree to the possible creation of my profile in ADAMS, which is hosted by WADA on servers based in Canada, and/or any other authorized National Anti-Doping Organization's similar system for the sharing of information, and to the entry of my *Doping Control*, whereabouts, *Therapeutic Use Exemptions*, *Athlete Biological Passport*, and sanction-related data in such systems for the purposes of anti-doping and as described above. I understand that if I am found to have committed an anti-doping rule violation and receive a sanction as a result, that the respective sanctions, my name, sport, *Prohibited Substance or Method*, and/or tribunal decision, may be publically disclosed by UIM and its member National Federations in accordance with the Code. I understand that my information will be retained for the duration as indicated in the ISPPPI.
7. I understand and agree that my information may be shared with competent Anti-Doping Organizations and public authorities as required for anti-doping purposes. I understand and agree that persons or parties receiving my information may be located outside the country where I reside, including in Switzerland and Canada, and that in some other countries data protection and privacy laws may not be equivalent to those in my own country. I understand that these entities may rely on and be subject to national anti-doping laws that override my consent or other applicable laws that may require information to be disclosed to local courts, law enforcement, or other public authorities. I can obtain more information on national anti-doping laws from my International Federation or National Anti-Doping Agency.

I have read and understand the present declaration, and I have taken acknowledge of the UIM Anti-Doping Privacy Notice that can be found by [clicking here](#).

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Date

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Print Name (Last name, First name)

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Date of birth  
(Day/Month/Year)

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Signature  
(or, if a minor, signature of legal guardian)



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## **UIM Bank references**

**Bank L.C.L. (Le Crédit Lyonnais)  
Monaco La Condamine  
98000 Monaco**

**IBAN N° MC36 3000 2054 3000 0007 0044 N44  
BIC N° CRLYMCM1**

*Please mention on the bank transfer  
the Superlicence category and the driver's name*