

2022 APPLICATION PROCEDURE FOR A UIM F2 SUPERLICENCE

Extract 2022 F2 rules:

10.1 The nationality of a driver is the nationality of the N.A. which issued the international racing licence to the driver. Medical and immersion tests can be done in other countries if the issuing N.A. agrees. The flag is the one of the issuing N.A. of the international licence as above. The request for the UIM Superlicence must come from the N.A. which issues the international racing licence.

10.2. Drivers must hold a superlicence before entry will be accepted. A driver who exceeds 50 years of age in the season for which he is applying for a Superlicence, must produce the medical certificate including all detailed examinations which will be submitted to a doctor approved by the UIM.

10.3 Any new driver must be vetted in practice by the UIM Race Director and the drivers delegate to the UIM.

10.4 The super licence is required for Formula 2 together with the NA international Licence. No other membership is required.

10.5 To obtain a superlicence for the first time, a driver must have participated in the last 2 years in 6 circuit races (classified) using a catamaran type hull (750 cc minimum) or a hydrocat 500 cc. Definition of a race during a race weekend: even if several heats take place, the race weekend with all heats or races counts as one race only. The National Authorities are fully liable for the sports CV that they submit for their drivers. The full race results of each race must be supplied since the drivers must have done at least 6 races with 70 % of the total distance of each race event.

10.6 The superlicence is provisional for the first 6 races and can be withdrawn at any time during the first 6 races by a committee composed by the UIM Race Director, the O.O.D and the Drivers representative. F2 Superlicence will remain as PROVISIONAL status for the first six (6) races. If the drivers cause an accident then the provisional status will be extended for one more race, with a maximum of two accidents. After causing two accidents between two boats the provisional SL will be withdrawn for the remainder of the current racing season. When a super licence is withdrawn, next application can only take place for the next season.

(NEW RULE) If a driver applies again for a superlicence after at least three years absence from F2 superlicence, the superlicence is provisional for the first 4 races and can be withdrawn at any time during the first 4 races by a committee composed by the UIM Race Director, the

O.O.D and the Drivers representative. The F2 Superlicence will remain as PROVISIONAL status for the first four (4) races.

If the driver causes an accident, then the provisional status will be extended for one more race, with a maximum of two accidents. After causing two accidents between two boats the provisional Superlicence will be withdrawn for the remainder of the current racing season. When a superlicence is withdrawn, the next application can only take place for the next season.

An anthropometric check of data reported in the Superlicence application may be carried out at any event during the relevant season by a UIM appointed Medical delegate.

In case the pilot's data would not be anymore within the mandatory parameters, the Driver shall be immediately disqualified from the Event and his/her Superlicence shall remain suspended until a new Superlicence is obtained.

10.7 The application for a superlicence must be made by the National Authority of the driver and lodged with the UIM 4 weeks before the first event the driver wants to participate in. The superlicence fee will be doubled for applications received beyond the 4 weeks deadline.

NO Application will be taken in consideration within one week from the following event.

10.8 The application must be accompanied by:

- The sports career of the driver, mentioning the results obtained in the qualifying events
- U.I.M. medical documents, as per appendix to these rules, giving the information required by the U.I.M. rules (attached).

General Recommendation for F2 Superlicense holders concerning physical fitness

- Cardiovascular training (endurance training) as jogging, cycling, rowing etc. at least twice a week – minimum 20 minutes without any interruption. Any sports activity which has “stand still” during the activity such as soccer, tennis or any ball sport is not suitable for the endurance training, but recommended as additional training.
 - Training to build up muscles for neck and back at least twice a week.
- The immersion certificate (attached)
 - A photograph (passport size).

SUPERLICENCE FEE

The fees will be fixed by the UIM COUNCIL and paid to the UIM Secretariat. Superlicence fee fixed to **300 euros**. For late application, the superlicence fee has been fixed to **600 euros** and must be paid to the UIM Secretariat.

MEDICAL EXPERTISE FEE

Medical expertise fee for drivers, regardless the drivers' age submitting the results for Dual Emission X-ray Absorptiometry method (DXA) as their BMI is over 30 kg/m²: **200 euros**.

Medical expertise fee for drivers over 50 years in the season must be paid to the UIM: **200 euros**.

10.9 The National Authorities are responsible for the information given.

10.10 The application will be examined by UIM Office and the appointed medical expert.

10.11 The superlicence is valid for 1 year (from January 1st or from the date of issue to December 31st).

10.12 For renewal of the superlicences, the National Authorities must, before the end of December, send the UIM a list of the drivers for whom a renewal for the following year is required.



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MEDICAL EVALUATION SHEET 2022 – F2 SUPERLICENCE

Location of test _____ Date _____

Name _____ Surname _____

Born in _____ Date _____

Status _____ Profession _____

Date of first involvement in the sport _____

Other sports practised _____

PRESENT STATE OF HEALTH AND FORMER DISEASES

Disease (former or current) _____

With special mention of _____

Cardiopathy Coronary Diabetes Type 1 / 2 (circle the type)

Epilepsy High Blood Pressure

Operations undergone previously _____

Dates of these operation _____

Accidents (when, where, under which circumstances) _____

Alcohol _____ g/day Tobacco _____ pack/year

Allergies _____

Medicines usually/frequently taken _____

Please keep in mind the Anti-Doping rules and the WADA – UIM list of banned substances and Therapeutic Use Exemption rules

GENERAL OBJECTIVE EXAMINATION
2022 – F2 SUPERLICENCE

Height: _____ m _____ Weight: _____ kg _____

Body Mass Index (Weight (kg)/Height²(m): BMI): _____

(Please refer to page 10 as regard the exemption of BMI rule over 30kg/m²)

Age _____ Sex _____

Congenital or acquired deformities _____

Respiratory system _____

Spirometry (mandatory) Please attach printed results and graphs

FVC (measured/predicted) _____

FEV₁ (measured/predicted) _____

Cardiovascular system:

Is there any evidence of abnormality of the heart or cardiovascular system? Yes No

If “Yes”, give details below.

Blood Pressure at rest _____

Hearth Frequency at rest _____

Electrocardiogram at rest _____



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Please attach printed results and graphs and final report in English language

Opthalmologic check-up (mandatory every two years)

Have you undergone this ophthalmologic check-up last year?

If **yes**, please specify when:/...../.....

If **not**, ask your ophthalmologist to fill the hereafter items

Faculty of vision (uncorrected) R _____ L _____
(with correction) R _____ L _____

Vision with both eyes open (wearing corrective lenses if necessary) _____

Field of Vision _____

Vision of Colours: is the applicant's colour vision normal? Yes No

If "No", give details below.

Signature and practice stamp of the ophthalmologist

Hearing Testing _____

Urine: Albumine _____ Sugar _____

Is the Urine analysis normal? Yes No

If “No”, give details below.

Nervous system _____

Others _____

Does the applicant have any physical abnormality or restriction of movements in the arms or legs?

Yes No

If “Yes”, give details below.

Is there any evidence of a physical or mental condition (past or present) which could, in your opinion, prevent the applicant from holding a competition licence for motor sport?

Yes No

If “Yes”, give details below.

TO THE DOCTEUR AND THE DRIVER

Are you the applicant’s usual doctor? Yes No

Your practice stamp (together with your name and qualifications):



Name in Capital Letters _____

Degree _____

Address _____

Tel _____

Fax/Email _____

Aptitude Assessment _____

Date _____

This is to certify that I have examined the applicant in line with this form.

**Signature of
the Doctor**

**Signature of
the Driver**

DETAILED EXAM RESULTS FOR 2022 F2 SUPERLICENCE STRESS ECG – PULMONARY AND VISION TESTS

TO BE SUBMITTED BY DRIVERS (REGARDLESS THE AGE)

Maximal stress ECG and blood pressure profile: electrocardiogram have to be performed every year:

* on a **cycloergometer** starting at 60 or 70 watts and increasing by 30 or 35 watts every two minutes.

The driver must be capable of reaching a minimum power level of 2.5 watts (males) – 2.2 watts (females) per kilogram of body weight.

* or on a treadmill, using a **Bruce protocol** (preliminary warm-up recommended)

The driver must be capable to complete at least the entire stage 3 (i.e. 3 minutes at 5.5 km/h (3.4 mph) and 14% gradient).

This stress ECG aims to confirm both cardiovascular health and that the driver reaches the minimal fitness level to compete in motonautic sports. Therefore, we strongly encourage drivers to undergo regular physical training and to perform a maximal stress ECG test.

A written report from the physician (English language) must be enclosed.

Pulmonary function test (simple spirometry). Test to be performed every year as part of the yearly medical examination in order to get a superlicence.

Exhaustive ophthalmological check-up, tested and certified (English language) by a Professional ophthalmologist. Test to be renewed every 2 years and after a skull trauma.

INFORMATION FOR BODY MASS INDEX (BMI) FOR 2022 F2 SUPERLICENCE

Drivers with a Body Mass Index (BMI) over 30 kg/m² **Exemption of BMI rule over 30 kg/m²**

In order to obtain from UIM an exemption from the “BMI rule”, a pilot could be able to prove to the UIM Medical adviser that his (her) body fat anthropometric characteristic still remain within or near the normal range, and consequently being possibly eligible.

To do so, the pilot should undergo a body composition assessment **by using a Dual Emission X-ray Absorptiometry (DXA) method.**

The total Body Fat percentage obtained from this measure should remain outside of the “obese range” for the gender and age considered (please refer to Table below)

Due to reliability issues, **no other body composition measurement methods than DXA will be accepted by UIM.**

This procedure should be repeated by the pilot every year prior to superlicence application, should his BMI being calculated over 30 kg/m².

All other requirements include in the superlicence medical procedure should be fulfilled.

BODY FAT RANGES TAKING AGE AND GENDER INTO ACCOUNT

WOMEN

Age	Underfat	Healthy Range	Overweight	Obese
20-40 yrs	Under 21%	21-33%	33-39%	Over 39%
41-60 yrs	Under 23%	23-35%	35-40%	Over 40%
61-79 yrs	Under 24%	24-36%	36-42%	Over 42%

MEN

Age	Underfat	Healthy Range	Overweight	Obese
20-40 yrs	Under 8%	8-19%	19-25%	Over 25%
41-60 yrs	Under 11%	11-22%	22-27%	Over 27%
61-79 yrs	Under 13%	13-25%	25-30%	Over 30%



Drivers over 50 years in the 2022 season

Drivers over 50 years during 2022 season: All **detailed examinations results** required in the UIM medical form and described on page 9 will be submitted to a doctor appointed by UIM.

**Form to be signed and entered
with the 2022 F2 Superlicence application documents to UIM**

ATHLETES CONSENT FORM

As a member of Union Internationale Motonautique (UIM) and/or a participant in an event authorized or recognized by UIM, I hereby declare as follows:

1. I acknowledge that I am bound by, and confirm that I shall comply with all of the provisions of the UIM Anti-Doping Rules (as amended from time to time), the World Anti-Doping Code (the “Code”) and the International Standards issued by the World Anti-Doping Agency (“WADA”), as amended from time to time, and published on WADA’s website.
2. I acknowledge the authority of UIM and its member National Federations under the UIM Anti-Doping Rules to enforce, to manage results under, and to impose sanctions in accordance with the UIM Anti-Doping Rules.
3. I acknowledge and agree that any dispute arising out of a decision made pursuant to the UIM Anti-Doping Rules, after exhaustion of the process expressly provided for in the UIM Anti-Doping Rules, may be appealed exclusively as provided in Article [13] of the UIM Anti-Doping Rules to an appellate body, which in the case of International-Level Athletes is the Court of Arbitration for Sport (CAS).
4. I acknowledge and agree that the decisions of the appellate body referenced above shall be final and enforceable, and that I will not bring any claim, arbitration, lawsuit or litigation in any other court or tribunal.
5. I understand that:
 - a. my data, such as my name, contact information, birthdate, gender, sport nationality, voluntary medical information, and information derived from my testing sample will be collected and used by UIM and its member National Federations and WADA for anti-doping purposes;
 - b. WADA-accredited laboratories will use the anti-doping administration and management system (“ADAMS”) to process my laboratory test results for the sole purpose of anti-doping, but shall only have access to de-identified, key-coded data that will not disclose my identity;
 - c. I may have certain rights in relation to my *Doping Control*-related data under applicable laws and under WADA’s International Standard for the Protection of Privacy and Personal Information (ISPPPI), including rights to access, rectification, restriction, opposition and deletion, and remedies with respect to any unlawful processing of my data, and I may also have a right to lodge a complaint with a national regulator responsible for data protection in my country;



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- d. if I object to the processing of my *Doping Control*-related data or withdraw my consent, it still may be necessary for my UIM and its member National Federations and/or WADA to continue to process (including retain) certain parts of my *Doping Control*-related data to fulfill obligations and responsibilities arising under the Code, International Standards or national anti-doping laws notwithstanding my request; including for the purpose of investigations or proceedings related to a possible anti-doping rule violations; or to establish, exercise or defend against legal claims involving me, WADA and/or an Anti-Doping Organization.
 - e. preventing the processing, including disclosure, of my *Doping Control*-related data may prevent me, WADA or Anti-Doping Organizations from complying with the Code and relevant WADA International Standards, which could have consequences for me, such as an anti-doping rule violation, under the Code;
 - f. to the extent that I have any concerns about the processing of my *Doping Control*-related data I may consult with the UIM and/or WADA (privacy@wada-ama.org), as appropriate.
6. I understand and agree to the possible creation of my profile in ADAMS, which is hosted by WADA on servers based in Canada, and/or any other authorized National Anti-Doping Organization's similar system for the sharing of information, and to the entry of my *Doping Control*, whereabouts, *Therapeutic Use Exemptions*, *Athlete Biological Passport*, and sanction-related data in such systems for the purposes of anti-doping and as described above. I understand that if I am found to have committed an anti-doping rule violation and receive a sanction as a result, that the respective sanctions, my name, sport, *Prohibited Substance or Method*, and/or tribunal decision, may be publically disclosed by UIM and its member National Federations in accordance with the Code. I understand that my information will be retained for the duration as indicated in the ISPPPI.
7. I understand and agree that my information may be shared with competent Anti-Doping Organizations and public authorities as required for anti-doping purposes. I understand and agree that persons or parties receiving my information may be located outside the country where I reside, including in Switzerland and Canada, and that in some other countries data protection and privacy laws may not be equivalent to those in my own country. I understand that these entities may rely on and be subject to national anti-doping laws that override my consent or other applicable laws that may require information to be disclosed to local courts, law enforcement, or other public authorities. I can obtain more information on national anti-doping laws from my International Federation or National Anti-Doping Agency.

I have read and understand the present declaration, and I have taken acknowledge of the UIM Anti-Doping Privacy Notice that can be found by [clicking here](#).

Date

Print Name (Last name, First name)

Date of birth
(Day/Month/Year)

Signature
(or, if a minor, signature of legal guardian)



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UIM Bank references

**Bank L.C.L. (Le Crédit Lyonnais)
Monaco La Condamine
98000 Monaco**

IBAN N° MC36 3000 2054 3000 0007 0044 N44

BIC N° CRLYMCM1

*Please mention on the bank transfer
the Superlicence category and the driver's name*